



مستشفى ثومبي

THUMBAY HOSPITAL

HEALTHCARE • EDUCATION • RESEARCH

THUMBAY



www.thumbayhospital.com



CONSISTENTLY DELIVERING
OUTSTANDING RESULTS,
SINCE 1998.



A nighttime photograph of a city skyline, likely Dubai, with numerous skyscrapers illuminated by warm lights. The lights are reflected in the calm water in the foreground. The sky is a deep, dark blue.

EXPERIENCE WORLD-CLASS
HEALTHCARE SERVICES

www.thumbayhospital.com



“ MY DREAM IS TO BE A GLOBAL PLAYER, PROVIDING
QUALITY HEALTHCARE AT AFFORDABLE COSTS
IN AN **ACADEMIC SETUP** ”



Thumbay Hospitals have evolved as a leading name among healthcare providers in the region, and we pride ourselves on the fact that we are now one of the region's largest networks of private academic hospitals. Over the past decade and a half, Thumbay Hospitals have become a healthcare icon and a household name in the UAE, for affordable and quality healthcare.

Starting with one hospital in 2002, Thumbay Group's Healthcare Division has today grown into expanding networks of academic hospitals, multispecialty day care hospitals and family clinics in UAE and India. As per our strategic plans, the Thumbay academic hospital network will have a total of 1000 beds in the UAE, 1500 beds in India and 750 beds elsewhere in the Gulf and Africa by 2022. With our experience in education, healthcare and research, we are determined to expand our horizons to various other countries including India, Middle East and the African continent.

We offer a wealth of clinical experience in a collegial setting. We ensure the delivery of quality care with the highest level of expertise from medical experts backed by well-trained support staff, robust infrastructure and efficient systems and processes.

Our goal is to build lasting relationships with people. We believe that the healing process is as much about personal care as medical attention. At Thumbay Hospitals we unite exceptional clinical success rates and superior technology with traditional care and warmth, as we truly feel the world is our extended family.

Thumbay Moideen
Founder and President
Thumbay Group



Akbar Moideen Thumbay
Vice President - Healthcare Division
Board Member - Thumbay Group

Thumbay Group's healthcare division has evolved from a single hospital to a healthcare provider with multiple super specialty academic hospitals, advanced multi-specialty primary care clinics and day care hospitals, state-of-the-art multi-specialty dental hospitals and family clinics. Our aim is to build the largest network of academic hospitals, providing world class healthcare at affordable costs. Having thousands of patients across our healthcare units, we have progressed far and beyond our humble beginnings in 2002. Today, we cater to patients from over 175 countries.

Considered as the pioneers of medical tourism in the UAE, we now have a tremendously growing number of medical tourists at our hospitals, who visit us for health packages ranging from checkups to advanced surgical procedures. We have launched Thumbay Medical Tourism, a unit that handles all aspects of international patients including travel, accommodation and sightseeing.

The healthcare division also incorporates complementary services like pharmacy and diagnostics, through the fast growing Thumbay Pharmacy, a chain of community pharmacies and the advanced Thumbay Labs, one of the largest networks of CAP accredited private diagnostic labs in the UAE.

“ **THUMBAY MEDICAL TOURISM**
UNIT TO HANDLE MORE 1000 INTERNATIONAL
PATIENTS A DAY. ”

WELCOME TO THUMBAY HEALTHCARE DIVISION

Since opening its first hospital in Ajman back in 2002, the Thumbay Hospital network of academic hospitals has established an enviable reputation for providing excellent care and healing to all sections of the community. At Thumbay Hospital, we are committed to providing high quality healthcare at affordable costs, as a result of which our hospitals are accessible to all.

Thumbay Hospitals are fast emerging as one of the most popular destinations for medical tourists. Our patient group is marked by a vibrant cultural diversity, which is perfectly complemented by our staff drawn from diverse nationalities.

Thumbay Hospital's responsibility to the community is not limited to healing the sick and injured; we also provide preventive health support and engage the community through a variety of health & wellness programs.

We take pride in the reputation we have built over the years. This keeps us motivated to continuously strive to maintain high standards.



✓ Largest network of private academic hospitals in the region



✓ Treats patients from as many as 175 nationalities



✓ Hospitals in Ajman, Dubai, Sharjah & Fujairah in the UAE, and Hyderabad - India





✓ Staff from over 22 nationalities,
speaking more than 50 languages



✓ State-of-the-art infrastructure and
latest technology used in treatments



✓ Highly qualified and experienced
doctors, nurses and technicians



✓ Marhaba Services - Truly
Personalized Services to Patients



✓ The Thumbay academic hospital
network to have a total of 1000
beds in the UAE, 1500 beds in India
and 750 beds elsewhere in the Gulf
and Africa by 2022.



✓ Wide range of CSR activities
✓ Regular Health & Wellness Events



HISTORY: THE JOURNEY TO EXCELLENCE

In 1998, a young and enthusiastic businessman from India founded the Thumbay Group in the UAE. He set up the UAE's first private medical college in Ajman, which later became a full-fledged medical university, the Gulf Medical University (GMU). Confronted with the challenge of providing adequate clinical training opportunities for its students, he built the first private teaching hospital in the region, which laid the foundation of Thumbay Hospitals.

Soon after Thumbay Hospital - Ajman was launched, it emerged as a popular healthcare destination in the country, encouraging Thumbay Group's healthcare division to set up a string of teaching hospitals at various locations in the UAE. This was in addition to a network of state-of-the-art family clinics 'Thumbay Clinic', multispecialty day care hospitals 'Thumbay Hospital Day Care', a chain of pharmacies 'Thumbay Pharmacies' and a series of diagnostic centers 'Thumbay Labs' across the country.

In 2017, Thumbay Group launched its network of multi-specialty day care hospitals, Thumbay Hospital Day Care. These offer treatments and procedures as day-cases, without the need for overnight stay in the hospital.

Thumbay Hospital as well as the other establishments under Thumbay Group's healthcare division have spread their wings and have set foot on several other countries in the MENA region and in the Indian sub-continent. Many new Thumbay Hospitals are coming up in these regions, awaiting announcement as soon as the projects are completed.

Today, the man behind Thumbay Group, Mr. Thumbay Moideen heads the highly successful and diversified business conglomerate, as its Founder President. The group has diversified into 20 business sectors including Education, Healthcare, Medical Research, Diagnostics, Retail Pharmacy, Health Communications, Retail Opticals, Wellness, Nutrition Stores, Hospitality, Real Estate, Publishing, Trading, Marketing & Distribution, Medical Tourism, Events, Media and Technology.





WHAT MAKES THUMBAY HOSPITAL A HIGHLY POPULAR HEALTHCARE DESTINATION?

- ✓ Leading network of private teaching hospitals in the region
- ✓ JCI accreditation for the hospitals
- ✓ CAP-accredited laboratories
- ✓ Patient-centric services
- ✓ Strong cultural diversity
- ✓ An impeccable record of zero infection rate
- ✓ Multiple accreditations, memberships and awards



Proud member of:





GULF MEDICAL UNIVERSITY



جامعة الخليج الطبية





جامعة خليج الطبية

GULF MEDICAL UNIVERSITY

EDUCATION • HEALTHCARE • RESEARCH

Gulf Medical University (GMU) established in 1998 is a leading medical university in the Gulf region. It offers Medical and Health Professional Education in the field of Medicine, Dentistry, Pharmacy, Physiotherapy, Nursing, Medical Laboratory Technologists, Medical Anesthesia & Surgical Technologists, and Medical Imaging Technologists. GMU offers post graduate programs in Toxicology, Public Health, Clinical Pathology. In addition, the university also offers Short Term Certificate Courses for Health workforce development and career enhancement. GMU differentiates itself having its own network of hospitals, clinics, and institutes.

The Thumbay Institute for Precision Medicine and Translational Research, the Thumbay Institute for Population Health and the Thumbay Institute of Health Workforce Development are the hubs for research, post-graduate studies, and continuous professional development. The university programs are accredited by Ministry of Education, UAE. All programs are recognized by World Health Organization (WHO) and listed in the WHO Directory of Medical Schools and IMED under the auspices of FAIMER and the list of program offerings in universities of the Eastern Mediterranean Region (EMRO) of the WHO.

Accreditation & Memberships



GULF MEDICAL UNIVERSITY ACADEMIC HEALTH SYSTEM

Network of Academic Hospitals

Gulf Medical University (GMU), Ajman along with the Thumbay network of academic hospitals is constantly endeavoring to develop as the first private Academic Health System in the region. Thumbay Hospitals provide clinical training for GMU students. Many of our doctors are also professors at the university, and as a result stay constantly updated on the latest trends and developments in the field of medicine. This in turn lends an academic atmosphere to Thumbay Hospitals.


Thumbay Hospital prides itself on being the largest network of private academic hospitals in the region. This is one of the most important aspects which differentiate Thumbay Hospitals from the other healthcare providers in the region. In the UAE alone, GMU and its network of pioneering teaching hospitals train around 19 per cent of the doctors and 57 per cent of the total healthcare professionals.

Thumbay Hospitals also benefit immensely from the biomedical research it undertakes in association with GMU, which greatly enhances the outcome of our clinical care. GMU has established an Innovation & Research Center to pursue excellence in biomedical research, as well as to spur medical innovation and offer a platform for healthcare researchers, biomedical innovators and medical scientists in the region. Research and innovation incorporate the latest developments in the field of medicine, benefiting our doctors immensely.

To the maximum extent possible, we apply our core missions in education, research, and healthcare delivery to develop the means to solve national and regional healthcare problems, including providing accessible, cost-effective healthcare of measurable quality.







THUMBAY HOSPITAL IS A LEADING NETWORK OF TEACHING HOSPITALS OF GULF MEDICAL UNIVERSITY. ITS MAIN FOCUS IS TO PROVIDE PATIENT CENTERED CARE OF THE HIGHEST QUALITY IN AN ACADEMIC SET UP.



CLINICAL TRAINING

Thumbay Hospitals network provide clinical training for the students of Gulf Medical University. The network of hospitals have excellent clinical facilities measuring up to international standards, which support the training, ensuring that the students are well-equipped to excel globally.

The clinical training program employs a variety of instructional methods to equip students with the critical thinking and communication skills essential to providing compassionate, expert care. Through Clinical Training, students acquire basic clinical skills and learn how to work closely with one of the most diverse populations in the world.

Students also gain exposure to a range of chronic and acute conditions under the mentorship of leading experts. Hands-on experiences in local communities allow the students to develop expertise in community-based medicine while addressing the needs of underserved populations.

This Clinical Training provides GMU students with sufficient clinical cases and learning opportunities to form a solid foundation to begin their professional practice.





LIBRARY & LEARNING CENTER

All Thumbay Hospitals have a Library & Learning Center which houses specialized books, journals and online databases. They support the information needs of Thumbay Hospitals' research, educational, and clinical activities.

The Library has also acquired Reading Lists; an online list of resources for students to use on their specific modules.



The image features two large, interlocking golden gears. The gear on the left is inscribed with the word 'SERVICE' in bold, black, sans-serif capital letters. The gear on the right is inscribed with the word 'QUALITY' in the same font. The gears are set against a bright, warm background with a lens flare effect in the bottom right corner, creating a sense of motion and precision.

SERVICE QUALITY

**THUMBAY
HOSPITALS**
CONFORM TO
THE **HIGHEST
STANDARDS** OF
HEALTHCARE DELIVERY,
ON ACCOUNT OF
THEIR **ADVANCED
TECHNOLOGY** AND
EXPERT WORKFORCE.

QUALITY HEALTHCARE

Advanced Technology

Thumbay Hospitals use the latest technology in healthcare service delivery. The hospitals have adopted a host of technological offerings aimed at superior patient convenience. They have state-of-the-art operation theatres and diagnostic labs with ultra-modern facilities, and well-equipped Labor and Delivery Rooms.

Thumbay Hospitals have lined up many 'painless' surgeries and treatments. With the right technologies in place, Thumbay Hospitals provide time-efficient, cost-effective and reliable services.

Among the recent technologies incorporated by Thumbay Hospitals is the implementation of PACS (Picture Archiving and Communication System) across all their Radiology departments. This makes it possible to efficiently store (short and long term), retrieve, manage, distribute and present medical images.

Thumbay Labs, the diagnostics company of Thumbay Group which operates the labs of the hospitals and clinics under the Group, use advanced technology which makes lab reports available online at unbelievable fast rates.

Thumbay Hospitals have integrated wireless technology into the hospital systems. Furthermore, Hospital Information System (HIS) is fully implemented, enabling speedy ordering of materials, prompt report generation and quick retrieval of patients' files. The hospitals maintain electronic database of patients. Optimal use of Information Technology is a hallmark of Thumbay Hospitals.

Expert Doctors, Nurses & Staff

Thumbay Hospitals are highly sought after by healthcare professionals, as a result of which we are able to retain the best talent.

The hospitals have dedicated teams of expert medical practitioners with vast experience in their respective fields, ensuring reliable round-the-clock care.

Our doctors, nurses and staff bring in years of valuable practice and global exposure, with proven excellence in serving patients from a wide range of nationalities and cultures.

Our Specialties & Departments

Accident and Emergency
Anesthesiology
Cardiology
Laboratory
Clinical Nutrition
Center for Allergy
Dermatology & Venereology
Dental Surgery
ENT
Family Medicine
General Surgery
Internal Medicine
Neuropsychiatry
Neuro Surgery
Obstetrics & Gynecology
Ophthalmology
Orthopedic Surgery
Pediatrics & Neonatology
Pediatric Surgery
Pediatric orthodontics
Pharmacy
Physical Therapy & Rehabilitation
Plastic Surgery
Radiology
Urology
Nephrology
Cosmetology
Neurology
Gastroenterology
Rheumatology
Pulmonology and Chest Medicine
Interventional Cardiology
Critical Care









THUMBAY HOSPITAL IS NOW THE LARGEST NETWORK OF JCI-ACCREDITED PRIVATE ACADEMIC HOSPITALS IN THE REGION.

- 
- A white silhouette of a city skyline with various building shapes, including a prominent tall spire, set against a dark blue background.
- Highly qualified and experienced doctors, nurses and technicians.
 - State-of-the-art infrastructure and latest technology used in treatments.
 - Patients from over 175 nationalities visit our group of hospitals.
 - Hospitals in Ajman, Dubai, Sharjah & Fujairah in the UAE, and Hyderabad - India.
 - Network of private academic hospitals in the region.

PROUD WINNERS OF:



Dubai Quality Appreciation Award 2015

Thumbay Hospital – Ajman won the prestigious Dubai Quality Appreciation Award (DQAA) for the year 2015, acknowledging our efforts on the journey to excellence. The award is a glowing testimony to our commitment to quality and patient satisfaction.



جائزة دبي التقديرية للجودة
DUBAI QUALITY APPRECIATION AWARD



جائزة دبي التقديرية للتنمية البشرية
DUBAI HUMAN DEVELOPMENT APPRECIATION AWARD





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THUMBAY HOSPITAL
HEALTHCARE • EDUCATION • RESEARCH

GUINNESS WORLD RECORD ACHIEVEMENT

FOR CREATING THE LARGEST ONLINE PHOTO ALBUM OF PEOPLE HOLDING A SIGN - "BE HAPPY BE HEALTHY"

THUMBAY HOSPITAL AJMAN





THUMBAY HOSPITAL FUJAIRAH





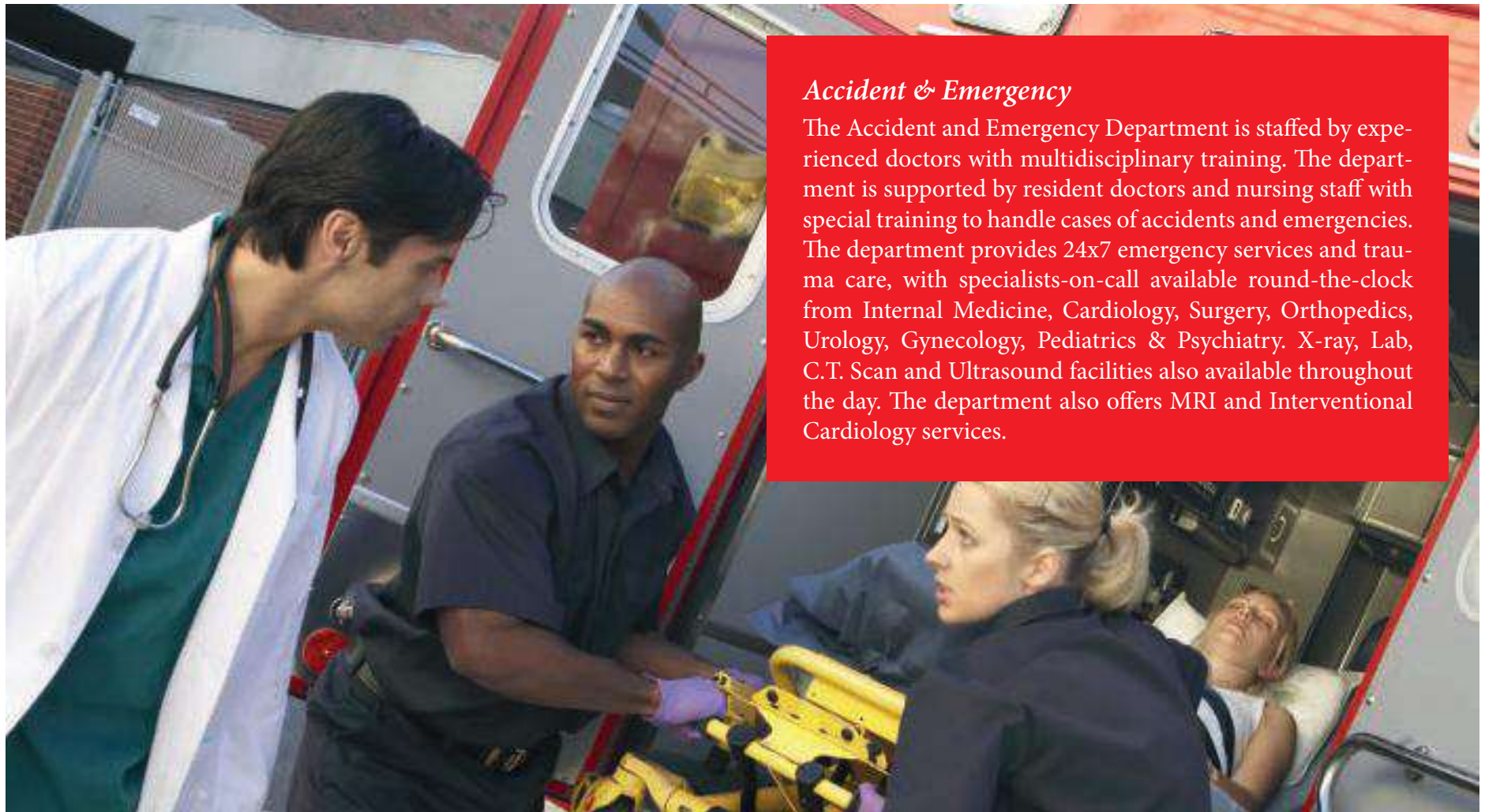
OUR AREAS OF EXPERTISE

From General Medicine, Internal Medicine and Family Medicine to General Surgery, Neuro Surgery and Accident/Emergency care, Thumbay Hospitals deliver all the services you need, across all major specializations.

The various departments at Thumbay Hospitals are manned by qualified and talented groups of multi-speciality healthcare providers and teams of experienced nurses. Each member of the healthcare team strives his/her best to meet the patients' individual medical needs, while taking care of their emotional needs as well.



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Accident & Emergency

The Accident and Emergency Department is staffed by experienced doctors with multidisciplinary training. The department is supported by resident doctors and nursing staff with special training to handle cases of accidents and emergencies. The department provides 24x7 emergency services and trauma care, with specialists-on-call available round-the-clock from Internal Medicine, Cardiology, Surgery, Orthopedics, Urology, Gynecology, Pediatrics & Psychiatry. X-ray, Lab, C.T. Scan and Ultrasound facilities also available throughout the day. The department also offers MRI and Interventional Cardiology services.

Anesthesiology

Staffed by anesthesiologists, anesthetic technicians and a team of highly trained nurses, the department has major operating suites in the main theatre complex apart from a minor operating room and an exclusive maternity operating room situated in the maternity block. All the operating rooms are equipped with state of the art anesthesia delivery systems, patient monitoring devices, piped medical gases and vacuum supplies and are paneled with stainless steel wall surfaces to ensure sterile atmosphere. The department houses a strategically placed Post-operative recovery area and also an Intensive / Coronary care unit.



Clinical Nutrition

The Department of Clinical Nutrition at Thumbay Hospital provides comprehensive nutrition services for in-patients and outpatients of all ages. As active members in the interdisciplinary team of health care professionals, our registered dietitians promote individualized medical nutrition therapy as a means to optimize patient care. Comprehensive nutritional assessment, intervention and education are provided to the patients to create a baseline for good nutritional health. As a part of community awareness, our Dietitians provide educational lectures for the society to promote nutritional awareness in combating lifestyle disorders such as obesity, diabetes and cardiovascular diseases. Regular Diet and Nutrition informative classes are taken for pregnant and lactating women to enhance their understanding and improve nutritional status.

Cardiology

The Department of Cardiology treats various heart diseases. Services include non-invasive and invasive diagnostic and therapeutic options. The department provides emergency cardiac services round-the-clock. The department is well equipped with a state-of-the-art Cardiac Cath Lab, centrally monitored beds in the coronary care unit, ventilators, defibrillators, and excellent medical supervision by highly qualified doctors and nursing staff.



Dental Surgery

The major specialties served by our Dental Department include Orthodontics and Dentofacial Orthodontics, Oral and Maxillo-Facial Surgery, Periodontics, Pedodontics, Fixed & Removable, Prosthodontics and Implant Dentistry. All services are rendered by well qualified and highly experienced dental surgeons, specialists and consultants with advanced equipment and instruments. Infection control & sterilization are taken care of by well trained and qualified dental nurses.



Dermatology

The Department of Dermatology offers comprehensive care for all common and rare diseases of the skin, hair and nails. Our Dermatologists offer safe and innovative care for their patients based on years of specialized experience and expertise. Clinical services include regular treatment programs for all acute and chronic skin diseases, specialized treatments, Dermatosurgical procedures and Cosmetology procedures.

ENT

The ENT department has specialists to provide emergency services and outpatient services. It caters to the needs of the patients with diseases of the ear nose and throat. A wide range of surgical procedures are also offered.



Family Medicine

The Family Medicine specialty provides physical, social and psychological healthcare that is continuous, comprehensive, coordinated, integrated, competent and compassionate care to both males and females of all ages. It provides care through all stages of life, from the fetal stage to old age. Family Medicine is concerned with physical, social and psychological states of the patient through holistic approach during consultation interview, advices, counseling or during discussion of management plan with the patient.



General Surgery

The Department of Surgery is supported by highly qualified and experienced surgeons committed to safety and welfare of the patient. It provides surgical care for a wide range of surgical conditions ranging from simple conditions like drainage of abscess to highly complex conditions like polytrauma management. The department specializes in Laparoscopic operations. Round the clock trauma services are provided by personnel who have been specially trained to handle trauma victims.

Urology

The Department of Urology treats diseases of the urinary tract affecting persons of all ages, including abnormalities by birth in children, infections and injuries in adolescents and adults, incontinence, prostate enlargement and tumors in the elderly, etc. The department also treats male infertility & impotence, urinary infections and cancers of the urinary tract and testis, and offers laser surgeries.



Internal Medicine

The Department is staffed with highly experienced specialists rendering in-patient and outpatient services. The department has a special clinic for Diabetes & Endocrinology that deals with all types of Diabetes, obesity & eating disorders, disorders of various glands, abnormal hair growth and menstrual irregularities in females including polycystic ovarian syndrome (PCOS), lipid disorders, osteoporosis and menopausal problems. The hospitals are well-equipped to carry out a wide range of procedures and treatments.



Nephrology

The nephrology unit is managed by highly qualified and experienced consultants. The department functions as a tertiary care unit, complimented with urological services. The services provided by Nephrology unit includes outpatient clinics, care of in-patients with kidney disorders, consultation services to other departments and dialysis services. Our new renal dialysis unit is well equipped to provide the renal replacement therapy for patients suffering from end-stage of renal disease, on a regular basis.

Neuro Psychiatry

The department deals with all major psychiatric disorders across ages (eg: anxiety disorders, panic, phobia, obsessive compulsive disorder, generalized anxiety disorder), mood disorders (depressive and bipolar disorders), psychoses and related disorders (schizophrenia, schizoaffective disorder, delusional disorders etc.). The department is also well-equipped to deal with neuro-development disorders associated with early childhood, psychological and behavioral problems among adolescents and youth, neurocognitive disorders and other psychiatric disorders among the elderly, coping disorders, substance use disorders and addiction related problems and family problems.



Neurology

The Department of Neurology has highly trained staff with various fields of interest and subspecialties of neurology. The Neurology department is committed to providing high quality, secondary and tertiary neurology services to patients in the region, as well as emergency care to all those who have recourse to our facility, in addition to offering educational and professional development opportunities.



Neurosurgery

The Department of Neurosurgery aims to render a world class neurosurgical practice able to alleviate patients pain whether the cause is spine, cranial or peripheral nerve disease. Special care is given to pediatric patients in collaboration with the other departments. Modern surgical techniques including micro neurosurgery and minimally invasive procedures are adopted whenever felt to be beneficial for the patient. Right now we are able to manage spine, peripheral nerve and minor head injuries, but as time passes we hope to build a full neurosurgical frame accommodating different sub-specialties and provide comprehensive neurosurgical service round-the-clock.



Obstetrics & Gynecology

The department has a team of qualified and dedicated senior consultants and specialists, along with junior specialists, general practitioners and support staff. The department has faculty who is specialized in gynae endoscopic surgeries in addition to general obstetrics and gynaecology services. The department is committed to provide quality tertiary care for women with compassion. Clinical care is offered with due respect to patient's autonomy, privacy and safety. Clinical services include consultation regarding preconception counseling and care, Antenatal care for pregnant women, post natal care, contraceptive care, gynaecological care, infertility workup and screening for gynae cancers along with providing obstetric and gynae ultrasound scanning service. Round-the-clock emergency care is available. The department also offers 'painless delivery' services.



Ophthalmology

Ophthalmology services are provided by consultant professors and specialist doctors. In addition to outpatient Ophthalmology services, an Ophthalmologist is available on call round-the-clock, for ophthalmic emergency services. The department has separate procedure rooms equipped with state-of-the-art equipment for eye tests, surgeries, treatment of eye-diseases (eye-lid, diabetic and retinal disorders), squint etc.



Orthopedic Surgery

The department of orthopedics is an independent department with its own scope of services like patient care, medical graduate teaching and related clinical research, provided with the help of qualified and experienced orthopedic surgeons. Accident and Emergency orthopedic services including surgical procedures are provided 24x 7x 365. On call doctors are backed up by a second on call specialists/ consultant. The department delivers expert services in advance fixation, trauma, arthroscopy, spine surgery, joint replacement and pediatric orthopedics. The department is backed by modern instruments and investigation modalities supported by a highly motivated physiotherapy team.

Radiology

The Radiology Department is well-equipped to carry out X-ray imaging, Contrast Fluoroscopy studies, Mammography, DEXA Scan, Multi detector CT scan, MRI scan, Ultrasonography, Color Doppler examination, etc.



Pediatric Surgery

The Pediatric Surgery Department of Thumbay Hospital provides comprehensive pediatric surgical service for neonates, infants and children up to 12 years of age. The department provides consultation services in the Out-Patient Department (OPD) through highly qualified and experienced consultants. In-patient and Emergency services are also available for Pediatric Surgical conditions.



Pediatrics & Neonatology

The Pediatric Department has consultants, specialists and resident doctors to diagnose and treat infants and children with respiratory, cardiac, gastrointestinal and neurological problems. Neonatal Intensive Care Unit (NICU) is a high dependency unit offering tertiary care services to newborns of 32 weeks gestation and above. It has radiant warmers, incubators, ventilators, phototherapy units and newborn cots for babies kept under observation. NICU also takes care of Neonates who need ventilation, exchange transfusion, phototherapy and parental nutrition. In-patient facilities are available for children with acute illness. Resident doctors are present round-the-clock for monitoring patients under in-patient care.

Physical Therapy

The Physical Therapy Department treatment aims at relieving pain, regaining strength, restoring normal function and preventing further injury by promoting healthy lifestyle. The department is run by well-qualified and highly experienced physical therapists using modern electrotherapeutic equipments and most effective exercise regimen. Treatments are available for Musculoskeletal conditions, Neurological conditions, Cardiopulmonary rehabilitation, Post-operative rehabilitation (surgical cases), Pre and Post natal conditioning, Pediatric rehabilitation, Post-trauma cases, Chronic pain management, Geriatric care & Rehabilitation, In-patient care (ward, ICU, CCU & NICU management).



Plastic Surgery

The Department of Plastic Surgery is well-equipped to perform aesthetic and reconstructive surgeries.



Psychiatry

The Department of Psychology conducts evaluation and treatment of a wide range of psychaitric disorders, psychological problems and behavioral issues among people of all ages. The department also deals with people with epilepsy or learning disabilities, cases of substance abuse (addiction) and provides counseling services to families, couples and students.



Pulmonology

The Department of Pulmonology offers treatments and procedures to treat patients suffering from various respiratory disorders.



Insurance

Thumbay Hospital is connected with many insurance companies in the UAE & Internationally. We provide cost effective quality healthcare to the insurance card holders for in-patient & outpatient services as per agreed terms & conditions. Since we are a highly in demand healthcare organization, we are listed under almost all types of networks; even the restricted ones.



Patient Affairs

The Patient Affairs Department (PAD) is available 24*7 for all out-patient as well as in-patient activities, coordinating with all related things right from enquires, counseling, admission and in-patient care till the discharge of the patient. We accept suggestions / feedback regarding treatment, services or patient safety that might arise during your stay.





THUMBAY HEALTHCARE DIVISION



SUPERIOR SERVICES

IMAGING / DIAGNOSTIC SERVICES

- ✓ Full range of laboratory services
- ✓ Modern diagnostic labs with low TAT
- ✓ Imaging & Radiology: X-rays, Contrast Fluoroscopy, MRI, CT Scan, Color Doppler, Dexa Scan, Digital Mammography, 4 D Ultrasound
- ✓ PACS (Picture Archiving and Communication System) across all Radiology labs

IN-PATIENT CARE

- ✓ Semi-Private, Private, Deluxe, Smart Deluxe & Ultra-modern VVIP rooms & General Wards
- ✓ Executive Delivery Suite
- ✓ Painless Delivery
- ✓ Laser Treatments
- ✓ Minimally Invasive Procedures
- ✓ State-of-the-art Cath Lab
- ✓ Well-equipped operation theatres



OUT-PATIENT CARE

- ✓ Well-furnished and comfortable consulting rooms
- ✓ OPD from 9 am to 11 pm, providing convenient options for patients
- ✓ Separate patient waiting rooms for men & women
- ✓ Electronic-record keeping enabling easy retrieval of records, which minimizes patients' waiting time
- ✓ Same-day surgeries
- ✓ Friday Clinics
- ✓ Pharmacy Services

CRITICAL CARE

- ✓ Well-equipped ICU – CCU, operation theatres
- ✓ Ultra-modern Neonatal ICU
- ✓ Round-the-clock Dialysis Unit
- ✓ 24-hour Emergency Services

PHARMACY

- ✓ Fully computerized pharmacies open 24x7
- ✓ Expert pharmacists dispensing medicines with utmost care
- ✓ All medicines transported and stored in ideal temperature conditions

CENTERS OF EXCELLENCE

- ✓ Ortho Spine
- ✓ Cosmo Curve
- ✓ Diabetes
- ✓ Mother & Child care
- ✓ Heart Center

OTHER AMENITIES

Thumbay Hospitals go beyond the traditional concept of a hospital by offering vital infrastructure for patients and other community members. Our hospitals offer the following facilities in addition to excellent care and treatment:

- ✓ Blends & Brews Coffee Shop outlets
- ✓ The Terrace Restaurant outlets
- ✓ Retail outlets of Zo & Mo Opticals, Nutri Plus Vita, Thumbay Pharmacy, The Flower Shoppee, etc.
- ✓ Electronic information kiosks
- ✓ ATM Machines
- ✓ Separate prayer rooms for men and women
- ✓ Spacious lounge areas with wi-fi connectivity
- ✓ 24-hour pharmacies & labs
- ✓ Health & wellness events and programs
- ✓ Training & conference rooms
- ✓ Dietician's service for patients
- ✓ Patient Affairs Department







WHY THUMBAY HOSPITAL?

- ✓ Network of teaching hospitals, ensuring the most specialized and advanced services and unique care
- ✓ Complete care for the family, offering a wide array of treatments across all major specialties
- ✓ The best hospitals for mother & child care, with some of the most economical maternity/antenatal packages, well-equipped neonatal department and excellent services
- ✓ 24x7 emergency & non-emergency care, under expert medical practitioners with a wealth of experience and global exposure
- ✓ Conveniently located hospitals, providing high-quality healthcare at affordable costs
- ✓ Committed to delivering the highest standards of healthcare, with Continuous Quality Improvement programs underway at all times





Our network of Thumbay hospitals



Dubai



Dubai



Fujairah



Ajman



Sharjah



Ajman - Al Jurf



Hyderabad - India



Sharjah



Qatar



Ajman



Sharjah - Rolla



Sharjah -
University City Road



Ajman

Our network of community Thumbay Clinics



Dubai



Ajman



Umm Al Quwain



Sharjah



Ras Al Khaimah



Ajman - Elite



Fujairah



Dubai - Ras Al Khor



Jumeirah - Elite

TECHNOLOGY @ THUMBAY HOSPITALS

As an international business conglomerate which recognizes technology as the key driver of growth, Thumbay Group lays a lot of emphasis on embracing technological advancements. The Healthcare Division of the Group is deeply committed to delivering the best healthcare services to its customers and hence are constantly involved in innovating and adopting the latest technology.

Thumbay Hospitals have made good use of information technology in simplifying the process of booking appointments, by enabling online booking on the website. The hospitals also use online insurance and online prescription platforms. The Android app of Thumbay Hospital is available for free download and delivers a host of services to users, like virtual tour of the hospitals, updates of camps/events, information on medical tourism services, as well as health monitors such as BMI calculator and Pregnancy/Ovulation trackers. The hospitals are also active across all major social media platforms, ensuring better reach and access.

Thumbay Hospitals have digital screens for displaying patient data, in addition to digital signage installed to promote wellness programs and provide information; all aimed at serving the patients better.

Among the recent technologies incorporated by Thumbay Hospitals is the implementation of PACS (Picture Archiving and Communication System) across all their Radiology labs. This makes it possible to efficiently store (short and long term), retrieve, manage, distribute and present medical images. Thumbay Labs, the diagnostics company of Thumbay Group which operates the labs of the hospitals and clinics under the Group use advanced technology which makes lab reports available online within one hour of the tests.

Thumbay Hospitals have integrated wireless technology into the hospital systems. Wireless phones are used in the hospitals for calling nurses as well as for crucial actions like activating code blue & eliciting quick response. Furthermore, Hospital Information System (HIS) is fully integrated, enabling speedy ordering of materials, prompt report generation and quick retrieval of patients' files.





MEDICINE
HEALTH
TREATMENT
DOCTOR
SURVEY
RECIPE



صالة مرحبا
MARHABA LOUNGE

MARHABA SERVICES

Truly Personalized Services to Patients

Thumbay Hospitals feature the Marhaba Lounge, which delivers a range of personalized services for patients and minimizing inconveniences, by fast-tracking patients' requirements. A patient arriving at the Marhaba Lounge would have his/her registration formalities, consultation, examination/diagnosis, procedures, documentation, billing etc. are done on priority, requiring minimal waiting times.

Fast Track Personal Assistance Includes:

- ✓ Welcome Drink
- ✓ Registration
- ✓ Appointments
- ✓ Billing
- ✓ Blood Sample Collections
- ✓ Medicine Procurements
- ✓ Medical Reports
- ✓ Sick leave attestation
- ✓ Admission process
- ✓ Follow up appointments







Thumbay Hospital Day Care is a chain of state-of-the-art multi-speciality facilities envisioned as centers housing all major specialities under one roof, where treatments and procedures are being offered to the patients as Day Cases - meaning no overnight stay in hospital is necessary and patients can rest and recuperate in their own homes. Fully equipped laboratory, advanced radiology services with ultrasound and x-ray facility, trained personnel ensure optimum patient safety and satisfaction. Latest technology along with excellent post operative care and effective pain relief enable the patients to recover in just few hours.

Thumbay Hospital Day Care has dedicated Anesthesia team as well as operation theatre, and private patient beds for pre-op and post-op care. The hospital uses the latest healthcare technology, which combined with excellent post-operative care and effective pain relief enable patients to recover in just a few hours. This also ensures minimal risk of hospital infections. The hospital has almost all major specialties, complete with ambulance services and dedicated insurance and administrative back-up.



THUMBAY HOSPITAL DAY CARE

مستشفى ثومبي

الرعاية اليومية الواحد



THUMBAY HOSPITAL DAY CARE

مستشفى ثومبي

الرعاية اليومية الواحد

مطعم

RESTAURANT

06 527 7444

ذا فريس

صيدلية ثومبي

THUMBAY PHARMACY





Unique in many aspects, Thumbay Clinics are state-of-the-art multi specialty clinics primarily focusing on two goals: personalized services and convenience.

The concept of Thumbay Clinics was born from our promise to provide high quality healthcare at affordable costs, to all the communities we serve. They fulfill our responsibility of delivering quality healthcare at people's doorsteps.

Thumbay Clinics offer premium facilities that make them one of the finest community health care providers. Services offered range from a variety of outpatient services to the latest medical procedures and diagnostics.

Thumbay Clinics' world-class facilities provide clinical training for the students of GMU. The clinics also act as a referral center for the Thumbay Group Hospitals.







Thumbay Clinic ELITE is the latest offering from the healthcare division of Thumbay Group. They are high-end, state-of-the-art family clinics offering comprehensive care. Superior care across various specialties combined with ELITE services offer patients the highest quality of treatment with maximum convenience and comfort.

Thumbay Clinic ELITE are equipped with the most advanced technology and a highly experienced team of caregivers. The clinic's interiors are designed to high aesthetic standards, allowing the patients to undergo treatment in a friendly environment.

Presently located in Ajman and Dubai, Thumbay Clinic ELITE are dedicated facilities for top-quality medical services.

Highlights

- ✓ Marhaba Service
- ✓ Minimal Waiting Times
- ✓ Personalized Care
- ✓ High-quality devices and technology
- ✓ Professional & friendly environment
- ✓ ELITE pharmacy

Ajman - Jumeirah





عيادة ثومبي
THUMBAY CLINIC
إليت

THUMBAY CLINIC
إليت
عيادة ثومبي

NOW OPEN
مفتوح الآن
عيادة ثومبي
THUMBAY CLINIC
إليت

NOW OPEN
مفتوح الآن
عيادة ثومبي
THUMBAY CLINIC
إليت

EXPERIENCE THE WORLD-CLASS CARE...

Thumbay Medical Tourism (TMT) is an award-winning initiative of Thumbay Group's Healthcare Division, which has been making significant strides since its launch. TMT focuses on promoting Thumbay Group's ultra-modern healthcare services to the growing number of international patients visiting the UAE, at affordable costs.

Thumbay Hospitals are fast emerging as one of the most popular destinations for medical tourists. The cultural diversity of the patients is perfectly complemented by the staff from diverse nationalities.

TMT renders a large portfolio of travel and medical services to medical tourists from all over the world, and also arranges on-demand translator services, accommodation services, customized treatment packages, preferred cuisine, travel arrangements, priority appointments, airport pick up & drop off, etc. Each medical tourist is attended to by a dedicated TMT staff. Most packages also include tourist site visits, dedicated fleet of vehicles and spa & recreational therapies.

Through TMT, medical tourists are fast-tracked to their appointments and investigations at Thumbay Hospitals. Moreover, the Medical Tourism team at Thumbay Hospitals goes the extra-mile to ensure patient care and satisfaction, and understands the needs of individuals from different countries and ethnic backgrounds. TMT has representative offices in 87 countries across the globe. As part of the Group's strategic plans, Thumbay Medical Tourism expects to welcome around 1000 medical tourists daily, by 2022.

Our Popular Treatments:

Thyroidectomy, Lumpectomy, Mastectomy, Mammoplasty, Hernia repair with mesh, Knee-replacement, Gall-bladder Stone, Appendectomy, Varicose veins, Laparoscopic cholecystectomy, Lap Appendectomy





ثومبي للسياحة العلاجية
THUMBAY MEDICAL TOURISM
YOUR FAMILY HEALTH TOURISM PARTNER



MAN | FUJAIRAH | AL AIN | UMM AL QUWAIN | RAS AL KHAIMAH | OMAN | INDIA





Thumbay Pharmacy has been delivering excellent service in the UAE since 2002. It recently entered the Indian pharmaceutical sector with new outlets in Hyderabad. Driven by the motto, "the right medication at the right time", Thumbay Pharmacy serves patients round-the-clock, with a wide range of medications from reputed pharmaceutical companies dispensed by experienced pharmacists. With presence throughout the UAE, the network of Thumbay Pharmacies has earned the reputation of offering a diverse range of products and hassle-free customer service.

A unique feature of Thumbay Pharmacy is that the patients are allowed to freely interact with pharmacists regarding the proper usage of medication in terms of dosage, route of administration, adverse effects, precautions etc. The Pharmacy considers it the prime duty of the dispensing pharmacist to counsel the patient or the caretaker on all aspects of medication therapy. Drug evaluation and selection, safety evaluation and medication therapy management are all undertaken by the Clinical Pharmacist, to coordinate and provide optimum therapy to the patients for a speedy recovery.



صيدلية ثومبي

THUMBAY



5



4

استقبال COUNTER

3





مختبرات ثومبي

THUMBAY LABS

REFERRAL • RESEARCH • INNOVATION

Thumbay Labs is now one of the largest chains of College of American Pathologists (CAP) accredited private labs in the region, offering a wide portfolio of advanced tests with proven standards in quality, accuracy and precision.

In addition to the central facility located in the GMU campus, state-of-the-art Thumbay Labs are present at all Thumbay Hospitals. The brand recently entered the Indian diagnostic market with an advanced lab in Thumbay Hospital – Hyderabad.

Thumbay Labs is the largest chain of diagnostic labs in the private sector in UAE. Considering the region as a whole, Thumbay Labs are among the largest service providers in terms of the range of tests available, the number of diagnostic tests done and revenue.

Thumbay Labs' comprehensive modern facilities offer unique advantages such as complete end-to-end automation, online report availability, automated email report dispatch, research and referral facilities, QMS expertise, etc. Thumbay Labs also undertakes hospital lab management and has entered into acquisitions/mergers in a big way, with plans to further expand its presence globally.





DOWN THE MEMORY LANE





ACADEMIC RESEARCH & COMMUNITY ENGAGEMENT



Building an expert team of professionals

The Thumbay Hospital network employs well-qualified doctors, nurses and technicians, in line with the MoH standards. We believe that a dedicated team of healthcare professionals can go a long way in improving the quality of healthcare delivery. All our healthcare professionals undergo continuous training, keeping themselves abreast of the latest trends and developments in the field of healthcare. Our doctors are actively involved in research activities and continuous medical education programs, thereby staying informed and updated.





Educating the community through Health Magazine

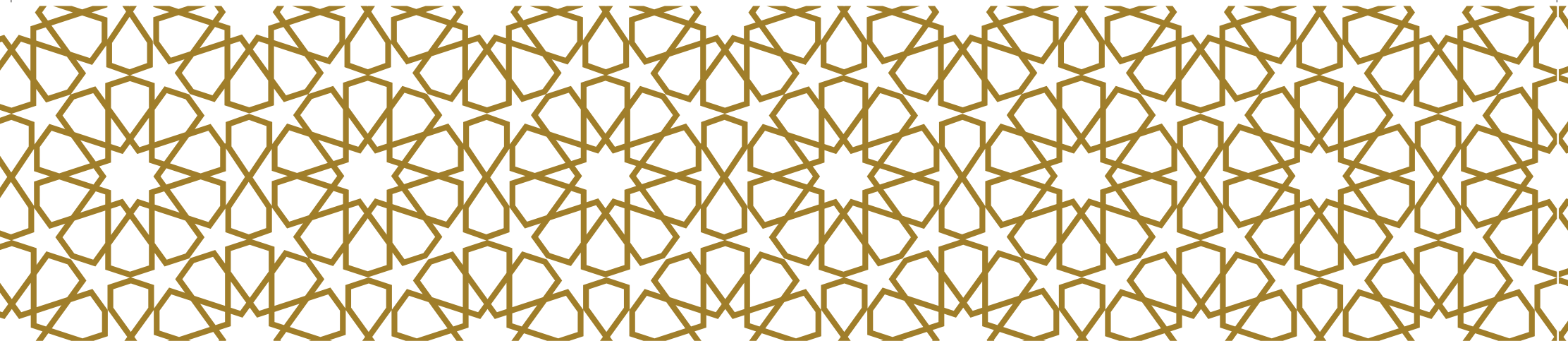
Published by Thumbay Group, Health magazine is a treasure-trove of information on health, wellness, beauty, family, fitness and nutrition. The magazine gives valuable insights into health issues, including articles on common diseases, health tips and medical accomplishments as well as sections like 'Ask the Doctor', most of which are handled by our expert doctors at Thumbay Hospital. Through Health magazine, our doctors reach out to the community, educating and empowering them for healthy living. Research findings of our doctors are also shared with the outside world through Health magazine.



Continuous Improvement through Events, Meetings & Conferences

Thumbay Hospitals have been actively caring for the community since the past decade-and-a-half. We continue to educate the community and uphold the worth of health and wellness through a variety of events and meetings. The Hospitals have many events to engage the community in productive ways. Through periodic seminars and conferences hosted by Thumbay Hospitals, our doctors and educators present their latest findings and knowledge to other doctors, nurses and allied health professionals, thereby ensuring that the healthcare providers in the country benefit from our doctors' research and learning.





Health & Wellness Events: Thumbay Hospitals host regular health and wellness events for kids, parents and pregnant women. These events aim to educate the audience on topics like parenting, health & hygiene, conception & pregnancy, etc. They draw participants from all over the UAE, and are partnered/supported by leading brands in the region.

Free Medical & Dental Camps: All Thumbay Hospitals and Clinics regularly conduct free medical and dental camps, benefiting large numbers of people. These camps offer free tests and check-ups as well as free consultations with specialist doctors. Some of these camps also distribute medicines free of cost.

Specially Discounted Treatment Packages: Thumbay Hospitals offer specially discounted treatment packages in different specialties. The discounts extend to maternity and ante-natal packages as well as specialties such as dental, ortho, neuro, etc.



CARING FOR OUR COMMUNITY

Healthy Baby Contest: Dubai's largest annual family fun event conducted by Thumbay Hospital for children up to 5 years old, under 5 different age categories. The contest is judged by leading pediatricians and experts.

Mom's Day Out: An exciting Thumbay Hospital event exclusively for new and expectant moms, with a number of contests, informative sessions, games, exhibitions and activities, all designed to entertain and educate the participants.

Wellness Week Celebrations: To promote better health and fitness among various professionals groups through informative events and activities, Thumbay Hospitals & Clinics hold regular 'Wellness Week' celebrations such as 'Teachers Wellness Week', 'Taxi Drivers Wellness Week', etc. During the wellness weeks, Thumbay Hospitals & Clinics offer a host of benefits and also organizes health awareness programs, health check-ups and fitness demonstrations, for the benefit of the target group.





Education • Healthcare • Medical Research • Diagnostics • Retail Pharmacy • Retail Opticals
Wellness • Nutrition Stores • Hospitality • Real Estate • Publishing • Health Communications
Trading • Marketing & Distribution • Medical Tourism • Events • Media • Technology





THUMBAY GROUP BOARD



Thumbay Moideen
Founder and President
Thumbay Group



Akbar Moideen Thumbay
Vice President - Healthcare Division
Member of Thumbay Group Board



Akram Moideen Thumbay
Director - Operations
Construction & Renovation Division,
Director - Thumbay Technologies
Member of Thumbay Group Board



Moideen Farhad C.
Director - Hospitality Division
Member of Thumbay Group Board



Nazeer Hussain
Director - Finance and Budget
Member of Thumbay Group Board



TESTIMONIALS

★★★★★★

“

Diana Haddad

Lebanese singer and television personality

“Thumbay Group deserves praise for setting up world-class hospitals across the UAE.”

”



★★★★★★

“

Anil Kapoor

Indian film actor

“I am truly impressed with the facilities of Thumbay Hospital.”

”



★★★★★★



Arjun Kapoor

Indian film actor

“It is no surprise that Thumbay Hospital is the favorite destination of patients from such a wide range of nationalities.”

★★★★★★

“

Arjun Rampal

Indian film actor

Thumbay Hospital's efforts to maximize patient convenience are praiseworthy. It is amazing how your telemedicine facility enables patients to easily access healthcare from the comfort of their homes and offices.

”



★★★★★★

Suresh Raina,
Indian cricketer

“It was nice meeting everyone here. Very supportive and well-qualified doctors and staff.”



★★★★★★

“

Irfan Pathan

Popular Indian cricketer

Thumbay Hospital offers a very personal experience. It has the kind of atmosphere which makes visitors feel comfortable.

”



“

Sonu Sood

Indian film actor

I am happy to learn that Thumbay Hospital goes beyond the traditional concept of healing, by reaching out to the community and conducting health awareness programs.

”



★★★★★★

★★★★★★

Karishma Kapoor

Indian actress

“The programs organized by Thumbay Hospital to promote health and wellness among the public are truly commendable. I am impressed by the importance you give to the well-being of women and children.”



★★★★★★

★★★★★★

Shoaib Malik
Pakistani cricketer

"Thumbay Hospital is a beautiful healthcare facility manned by sweet people."

Shoaib Malik

★★★★★★



★★★★★★

Sushmita Sen
Bollywood Actress and former Miss Universe

"Thumbay Hospital is a beautiful hospital with a very impressive range of healthcare services."

Sushmita Sen

★★★★★★



★★★★★★

Raveena Tandon
Indian actress

The facilities at Thumbay Hospital are truly world-class. I am also very impressed with the efforts of the hospital in promoting safe motherhood.

Raveena Tandon

★★★★★★



★★★★★★

Abdul Razzaq
Pakistani cricketer

"Good luck and more success to the hospital."

Abdul Razzaq

★★★★★★



★★★★★★

Jayaram
Indian film actor

"An impressive range of services backed by the latest technology and expert caregivers make Thumbay Hospital one of the best facilities I've ever visited."

★★★★★★



★★★★★★

Rana Daggubati
Indian film actor

"The facilities at Thumbay Hospital are quite remarkable. I am happy to learn that you have an expert team of doctors and caregivers."

★★★★★★



★★★★★★

Ileana D'Cruz
Bollywood Actress

"Appreciate the hospital's facilities, especially for women and children."

★★★★★★



★★★★★★

Athiya Shetty
Bollywood Actress

"A well-equipped hospital with expert doctors and friendly staff."

★★★★★★







CONSISTENTLY DELIVERING
OUTSTANDING RESULTS,
SINCE 1998.



مستشفى ثومبي

THUMBAY HOSPITAL

HEALTHCARE • EDUCATION • RESEARCH

لدينا شبكة من مستشفيات وعيادات ثومبي Our Network of Thumbay Hospitals & Clinics

دبي | الشارقة | عجمان | أم القيوين | رأس الخيمة | الفجيرة | الهند
DUBAI | SHARJAH | AJMAN | UMM AL QUWAIN | RAS AL KHAIMAH | FUJAIRAH | INDIA

